

SIGNATURE DISHES

FROM THE OCEAN

- Si 01 **Classic Ginger Prawn (5)** 26.95
Lightly breaded stir fried with ginger and spring onions
- Si 02 **Szechuan Prawn (5)** 26.95
Spicy, lightly breaded tossed in wok with sweet pepper and spring onions
- ★ Si 03 **Prawn on the platter (4)** 22.95
Four marinated jumbo prawns stir fried with egg, onions and our fish sauce
- ★ Si 04 **Prawn in Black Bean Sauce (5)** 26.95
Jumbo prawns stir fried with spring onions in black bean sauce
- ★ Si 05 **Cashew Shrimp** 16.95
Sautéed shrimp with veggies and roasted cashews
- ★ Si 06 **Classic Shrimp** 16.95
lightly fried breaded spicy tiger shrimps with sweet peppers and onions
- Si 07 **Sake Garlic Shrimps** 16.95
Tossed in a butter garlic mix with oyster sauce, sweet peppers and onions
- Si 08 **Classic Calamari** 13.50
Spicy, lightly breaded deep fried and gently stir fried in the wok
- ★ Si 09 **Thai Calamari Curry** 13.50
Thai classic calamari with yellow curry sauce
- Si 10 **Cantonese Seafood** 19.95
Shrimp, calamari and scallops with broccoli, stir fried in a garlic and oyster sauce
- Si 11 **Thai Spicy Mango Shrimp** 16.95
Stir fried tiger shrimp with fresh mango and sweet peppers with a spicy tangy sauce
- ★ Si 12 **Shrimp & Asparagus** 16.95
Stir fried tiger shrimp with fresh asparagus
- ★ Si 13 **Purple Eggplant with Shrimp** 16.95
Stir fried with chinese spices, onions and peppers
- ★ Si 14 **Viet House Marinated Sea Bass** 23.95
Char grilled with house mango salad and tri-colour rice
- Si 14B **Crispy Basa Fillet** 14.95
lightly breaded fillet and stir fried in a sweet and sour sauce

FROM THE FARM

- ★ Si 15 **Lamb On Fire** 22.95
Char grilled over an open flame served with mango salad and vermicelli
- ★ Si 16 **Sautéed Viet Spicy Beef** 14.95
Stir fried marinated beef with sweet peppers, onions, butter, garlic and chili peppers
- Si 17 **Beef / Chicken with Kailan** 14.95
Stir fried sliced beef or chicken with mushrooms, carrots and chinese broccoli
- Si 18 **Beef / Chicken with Mushrooms** 13.95
Stir fried with mushrooms, snow peas, ginger, garlic and onions in a rice wine oyster sauce
- Si 19 **Black Pepper Beef Tenderloin** 14.95
Beef tenderloin stir-fried with sweet onion in black pepper sauce
- ★ Si 20 **Sautéed Chicken with Cashews** 14.95
Stir fried chicken with mixed vegetables and roasted cashews
- ★ Si 21 **Chicken with Lemon Sauce** 14.95
Deep fried chicken breast served with broccoli & a tangy lemon sauce
- ★ Si 22 **Kung Po Chicken** 13.95
Stir fried sliced chicken breast with sweet peppers & onions in chef's spicy sauce
- ★ Si 23 **Thai Spicy Mango Chicken or Beef** 13.95
Stir fried with fresh mango and sweet peppers in our spicy tangy sauce
- ★ Si 24 **Thai Basil Chicken or Beef** 13.95
Sautéed chicken or beef with fresh sweet basil leaves, garlic and chili peppers
- ★ Si 25 **General Tao Chicken** 14.95
Breaded chicken, sweet peppers and broccoli in our house general tao sauce
- Si 30 **Crispy Ginger Beef** 13.95
Lightly breaded, stir fried with our house sweet and sour onion ginger sauce
- Si 31 **Sweet and Sour Pork** 13.95
Battered and deep fried, with pineapple, sweet pepper, onion in house sweet and sour

"Rice It Up" from \$1.95

- Si 26 **Steamed Jasmine Rice** 1.95
- Si 27 **Tri Colour Rice** 2.95
- Si 28 **Sticky Rice** 2.95



Si 01



Si 14

Si 14B

FAMILY COMBO

- Spring Rolls (2)
- Chicken Pad Thai
- Chargrill Beef Shortribs with Rice

Combo for
2
\$30.00

- House Mango Salad
- Viet Wonton Soup
- General Tao Chicken
- Veggie Pad Thai
- Beef Fried Rice

Combo for
4
\$50.00

- Spring Rolls (6)
- Cashew Shrimp
- Fresh Chinese Green w/ Garlic Soya Sauce
- Beef Ho fun w/ Mixed Vegetable
- Chicken Pad Thai
- Veggie Fried Rice

Combo for
6
\$72.00

Family Combos are for Take-Out & Delivery only. No changes or substitutions

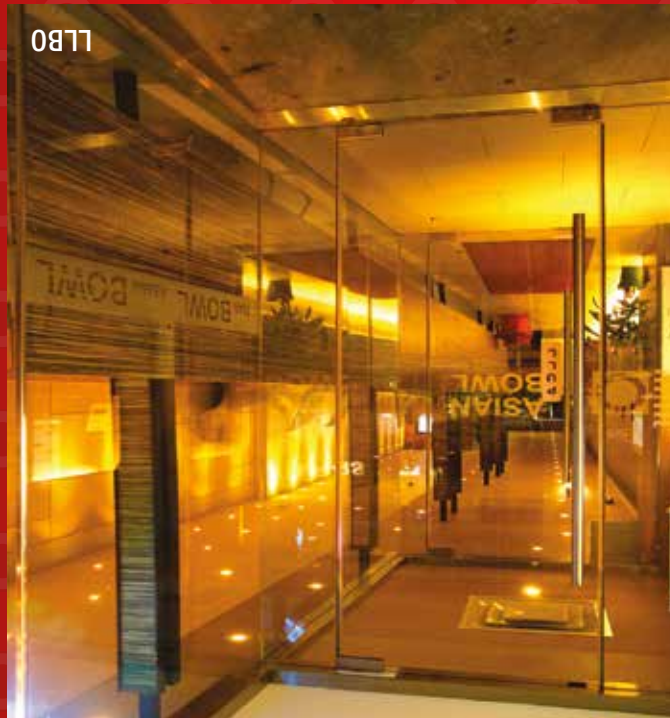
271 Yonge Street (Yonge & Dundas)
416 • 368 • 2695

www.asianbowl.ca

Vietnamese • Chinese • Thai

BOWL

ASIAN



DINE-IN • TAKEOUT • DELIVERY

Booking for parties & functions

Call us 416 • 368 • 2695



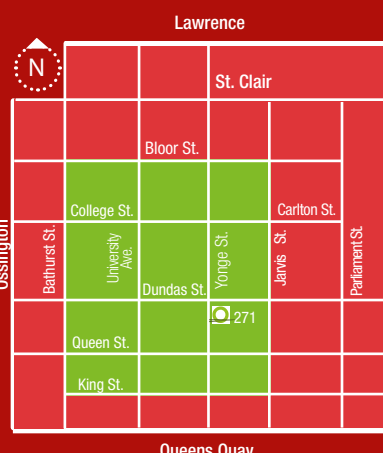
A1 FOR YONGE STREET . . . ABSOLUTE FAVORITE FOR LUNCH . . . THE FOOD IS EXCELLENT
chowhound.com

THE BEST LYCHEE MARTINI IN TOWN
as voted by martini drinking customers

FOOD SPECIAL AT THE BOWL . . . DELECTABLE OFFERINGS
Toronto food critic, Marty Gallin

2006 MOST MEMORABLE MEAL AWARD Toronto Where Magazine

TRIP ADVISOR RATED ★★★★★



271 Yonge Street
(Yonge & Dundas)

BUSINESS HOURS

Friday and Saturday :
11:00 am to 12:00 am (mid-night)
Sunday to Thursday :
11:00 am to 11:00 pm

DELIVERY

■ \$3 deliver charge with \$15 minimum orders.
■ extra charge apply
● delivery hour: 11:30 am - 10:00 pm



• Please indicate all food allergies before ordering. • Prices are subject to change without notice.



APPETIZER

- ★ A01 **Shrimp on Sugar Cane (2)** 7.95
- ★ A02 **Golden Fried Wontons (6)** 7.95
Crispy minced chicken and minced shrimp wonton served with plum sauce
- ★ A03 **Golden Fried Chicken Wings** 8.95
Crispy deep fried wings with a hint of pepper
- ★ A08 **Chicken or Beef Satay (per skewer)** 2.95
Grilled chicken / beef served with peanut satay sauce
- ★ A09 **Shrimp Satay (per skewer)** 3.50
Grilled shrimp served with peanut satay sauce
- ★ A10 **Golden Soft Shell Crab (1)** 9.50
- ★ A11 **Taste of Appetizers** 16.95
Shrimp chips (4), golden fried wontons (2), chicken satay skewers (1), golden Chicken wings (2), shrimp on sugar cane and house mango salad
- A12 **Chicken Lettuce Wrap** 9.95
Stir fried diced chicken, mushroom, water chestnut, carrot, sweet pepper & onion, served with fresh lettuce wraps and hoisin sauce
- A13 **Asian Shrimp Chips (10)** 3.75
- ★ A14 **Thai Veggie Curry Puff (2)** 4.95

DIM SUM

- DS1 **Har Gow** steamed shrimp dumpling (4) 4.75
- DS2 **Siu Mai** steamed pork & shrimp dumpling (4) 4.75
- DS3 **Fried Pork Dumpling (3)** 4.75
- DS4 **Sticky Rice** assorted meat in lotus leaf wrap (2) 4.75
- ★ DS5 **Vegetable Dumplings** steamed or pan seared (8) 9.50
- DS6 **chicken Dumplings** steamed or pan seared (8) 9.50
- DS7 **Fried Shrimp Balls** wrapped w shrimps paste (ea) 3.95

ROLLS

- ★ KR01 **Spring Rolls (2)** 5.95
Chicken, taro, mushrooms & mixed vegetables
- ★ KR02 **House Shrimp Spring Rolls (2)** 6.95
Marinated shrimp, chicken, taro, mushrooms and mixed vegetables
- KR03 **Crispy Shrimp Rolls** shrimp in a bite size roll (4) 6.95
- ★ **KRYSTAL ROLLS** Soft rice paper filled with bean sprouts, rice vermicelli, spring mix and pickled carrots, served with peanuts & hoisin sauce
- KR04 **Beef Rolls (2)** 5.95
- KR05 **Pork Rolls (2)** 5.95
- ★ KR06 **Shrimp Rolls (2)** 5.95
- KR07 **Chicken Rolls (2)** 5.95
- KR09 **Bowl Mixed Roll Platter** 15.95
Spring roll, shrimp Spring roll, shrimp krystal roll, vegetable tofu krystal roll and mini crispy shrimp rolls, served with hoisin and vinaigrette fish sauce

SALAD

- ★ V03 **House Mango Salad** With spring mix 7.95
- ★ A04 **Shrimp Mango Salad** With spring mix 9.95
- A05 **Grilled Chicken Mango Salad** 9.95
With grilled lemongrass chicken and spring mix
- ★ A06 **Shrimp Papaya Salad** With spring mix 9.95
- A07 **Grilled Chicken Papaya Salad** 9.95
With grilled lemongrass chicken and spring mix

SOUP

- S01 **Vietnamese Wonton Soup** 6.50
Minced Chicken and shrimp wonton in our special stock
- ★ S02 **Veggie Szechuan Hot & Sour Soup** 6.50
tofu, mushrooms & bamboo shoot in chili soup
- ★ S03 **Szechuan Hot & Sour Soup** 6.50
Chicken, shrimp, tofu, egg, mushrooms and bamboo shoot in chili soup
- ★ S04 **Viet Chicken Sweet & Sour Soup** 6.50
Chicken, pineapple, celery, bean sprouts and fresh tomato in a tamarind broth
- S05 **Viet Shrimp Sweet & Sour Soup** 6.50
Shrimp, pineapple, celery, bean sprouts and fresh tomato in a tamarind broth
- ★ S06 **Thai Tom Yum Kai** 6.50
Traditional thai savory spicy soup with chicken, pineapple, galangal, lime leaves, mushrooms, celery, lemongrass, chili and tangy tamarind broth
- ★ S07 **Thai Tom Yum Goong** same as above but with shrimp 6.50
- ★ S08 **Thai Tom Kha Kai** 6.50
Thai spicy coconut soup with chicken, pineapple, galangal, lime leaves, mushrooms, celery, lemongrass, chili and tangy tamarind broth
- ★ S09 **Thai Tom Kha Goong** same as above but with shrimp 6.50

Add \$2.00 for NOODLES Add \$3.00 for SUPER BOWL



★ Popular Dishes
● Vegetarian

★ Spicy
● Gluten free



CATERING MENU

Our delicious food indulges our guests with fine asian cuisine and extraordinary hospitality making it the perfect combination for any of your corporate functions, parties and special events.

BOWL (Noodle Soup)

VIETNAMESE PHO (Pronounced "fuh")

Homemade beef broth with flat rice noodles, sliced red onions and coriander with a side of fresh basil, bean sprouts, lime, hot pepper, hoisin & hot sauces.

- ★ P01 **Pho Dac Biet** The works: rare beef, well done beef brisket, tendon, tripe & beef balls **10.50**
- ★ P02 **Pho Tai** rare beef **9.95**
- ★ P03 **Pho Chin** well done beef brisket **9.95**
- ★ P04 **Pho Tai Vien** Rare beef and beef balls **9.95**
- ★ P05 **Pho Tai Nam Vien** Rare beef, beef brisket and beef balls **9.95**
- ★ P10 **Pho Lonely** (No Meat) **8.95**

Add \$2.00 for SUPER BOWL

PHO & MI Saigon style flat rice noodles in our homemade chicken broth with bean sprouts, onions, lettuce and coriander

- ★ H01 **Pho Gà** vietnamese chicken noodle soup with chicken breast **9.95**
- ★ H02 **Hu Tieu Cá** Fish fillet **9.95**
- H03 **Pho Do Bien** shrimp, mussels, krab meat, calamari **11.95**
- H04 **Hu Tieu My Tho** shrimp, calamari, fish ball, vietnamese sausage and glass noodles **11.95**
- ★ H05 **Mi Wonton** Chicken and shrimp filled wontons with egg noodles **9.95**

PHO & BUN Thick soups served with basil, lime, hot pepper, hoisin and chili sauce

- ★ H06 **Pho Bo Kho** Hearty beef brisket in a fragrant tomato sauce with lemongrass & flat rice noodles **9.95**
- ★ H07 **Pho Bo Sate** Satay sauce with beef, spices, bean sprouts, cucumber and lettuce with flat rice noodles **9.95**
- ★ H08 **Bun Bo Hue** Spicy beef broth with exotic spices, beef, vietnamese sausage, tofu & rice vermicelli noodles **9.95**
- ★ H09 **Bun Cari Ga** House special yellow curry soup with coconut milk, chicken, sweet peppers and onions with rice vermicelli noodles **9.95**

Add \$2.00 for SUPER BOWL

VIETNAMESE VERMICELLI

Served with rice vermicelli, bean sprouts, pickled julienned carrots, spring mix, scallions, peanuts and our house vinaigrette fish sauce

- ★ B01 **chicken breast or beef** With a lemongrass sauce **12.50**
- B03 **marinated chicken or beef or pork** **12.50**
- ★ B07 **beef or pork or chicken & spring roll** **14.95**
- B14 **jumbo prawn, beef or chicken & spring roll** **17.95**
- ★ B17 **jumbo prawn, beef or chicken, spring roll & shrimp on sugar cane** **20.95**

WOK NOODLE

- ★ N01 **Beef Ho-Fun** **12.95**
- ★ N02 **Chicken Ho-Fun** **12.95**
- ★ N03 **Shrimp Ho-Fun** **14.95**
- N04 **Seafood Ho-Fun** Wok stir fried rice noodles with mixed vegetables **14.95**

choice of a sauce

- a. Oyster & soya sauce
- b. Satay sauce
- c. Black bean sauce
- d. Szechuan sauce
- e. Cantonese x.o. sauce

- ★ N05 **Pad Thai Noodles** with crispy tofu, egg, bean sprouts, tamarind sauce and peanuts
- ★ N06 **Singapore Vermicelli** with sweet peppers, bean sprouts & onions in a yellow curry sauce
- ★ N07 **Shanghai Noodles** thick yellow wheat noodles with cabbage, sweet peppers, onions, oyster & chili sauces
- N015 **Pad See Ew** rice noodles with egg, chinese broccoli, garlic, black pepper in oyster, soya & fish sauces
- N016 **Malaysian Noodles** flat rice noodles with eggs, bean sprouts in satay peanut sauces

Choose one of the following with above dishes:

- A. Shrimp & Chicken **13.95**
- B. Shrimp **13.95**
- C. Beef **11.95**
- D. Chicken **11.95**
- E. Seafood **14.95**
- F. Tofu Veggie (no egg) **11.75**

- ★ N08 **Cantonese Chow Mein** Beef, chicken & seafood **14.95**
- N09 **Seafood Chow Mein** Shrimp, scallop, calamari & krab meat **14.95**
- N10 **Beef Chow Mein** **12.95**
- ★ N11 **Chicken Chow Mein** stir fry mixed vegetables served on light crispy yellow noodles **12.95**
- N12 **Beef Ho Fun Hong Kong Style** Rice noodles with sliced beef, sweet peppers, onions in supreme soya sauce **11.95**
- N13 **Korean Udon** Beef or Chicken stir fried with spicy black pepper, sweet peppers & onions in soya sauce **11.95**
- N14 **Pad Woon Sen** Vermicelli noodles with chicken, shrimp, egg, mushrooms, peppers and onions **11.95**

RICE

FROM THE GRILL

Served with steamed jasmine rice garden salad and our vinaigrette fish sauce

- R01 **Choice of grilled** Chicken | Beef | Pork Chop **12.50**
- R04 **Salmon** **15.95**
- R05 **Beef Short Rib and Chicken** **13.95**
- R06 **Pork Chop and Curry Chicken** **13.95**
- R08 **Pork Chop and Beef** **13.95**
- R10 **Jumbo Prawn & Beef Short Ribs or Chicken** **16.95**
- R12 **Jumbo Prawn, Chicken & Beef Short Rib or Pork Chop** **19.95**

Add \$0.99 for A SUNNY SIDE UP FRIED EGG

FEATURE STIR FRY

With mixed vegetables, served with steamed jasmine rice

- ★ RW30 **Stir fried Chicken or Beef** **12.95**
- RW32 **Stir fried Shrimp or Seafood** **14.95**

choice of a sauce

- a. Oyster & soya sauce
- b. Satay sauce
- c. Black bean sauce
- d. Szechuan sauce
- e. Cantonese x.o. sauce
- f. Viet lemongrass garlic fish sauce

FROM THE POT

served with steamed jasmine rice

- R15 **Vietnamese Village Beef Stew** Beef brisket, carrots & onions in a thick tomato based broth **11.95**
- ★ R16 **Thai Curry** (Thai curry sauce, choice of Red, Yellow, Green curry) with coconut milk, eggplant, basil leaves, peppers, green beans & onions **12.95**
- Beef or Chicken Breast **12.95**
- Shrimp **13.95**
- Vegetable Tofu **11.95**

- R17 **Salmon (Kho To) in the Pot** Country style salmon, bean curd simmered in black pepper and house lemongrass fish sauce **15.95**

FRIED RICE

Stir fried with egg

- ★ RW24 **Yeung Chow** - Barbeque pork & shrimp **11.95**
- ★ RW25 **Shrimp** **11.95**
- ★ RW26 **Beef or chicken** **11.50**
- RW28 **Vegetable** (no egg) **10.95**
- ★ RW29 **Thai Pineapple** Chicken, shrimp, pineapple, zucchini, & cashews **13.95**

SWEET AND SOUR

Classic cantonese dish with pineapples, sweet peppers, onions, sweet & sour sauce, served with steamed jasmine rice

- RW35 **Pineapple Chicken or Pork** **12.95**
- RW37 **Pineapple Shrimp** **14.95**

VEGETARIAN

- ★ V01 **Vegetable Spring Rolls (2)** Deep fried wheat wrappers filled with taro, shiitake mushrooms and mixed vegetables **5.95**
- ★ V02 **Veggie Tofu Krystal Rolls (2)** Soft rice paper roll filled with tofu, bean sprouts, rice vermicelli, spring mix lettuce and pickled carrot served with peanuts and hoisin sauce **5.95**
- ★ V03 **House Mango Salad** Fresh julienned mangoes, sweet peppers, spring salad mix, red onion with our house dressing **7.95**

- V04 **Vietnamese Sweet & Sour Soup** Regular **5.95**
Pineapple, celery, tomato and tamarind vegetable broth **Super 8.95**

- ★ V05 **Thai Tom Yum Vegetable Soup** Mushrooms, pineapple, lemongrass, lime leaves, chili & tamarind broth **Regular 5.95 Super 8.95**

- ★ V06 **Thai Tom Kha Veggie** Thai spicy coconut soup with pineapple, galangal, lime leaves, mushrooms, celery, lemongrass, chili and tamarind broth **Regular 5.95 Super 8.95**

- ★ V07 **Deep Fried Tofu** Deep fried tofu with oyster or hoisin sauce **7.50**

- ★ V08 **Kailan Broccoli** Steamed kailan broccoli with oyster or hoisin sauce **8.50**

- ★ V09 **Sauteed Chinese Broccoli** Stir fried greens with garlic and oyster sauce **10.95**

- ★ V10 **Buddha's Delight** Bean curd, mushrooms and veggies in a soya oyster sauce **10.95**

- V11 **Bun Cha Gio Chay** Vegetable spring roll (2), vermicelli noodles, bean sprouts, pickled carrot, spring mix, sprinkled roasted peanuts with fish vinaigrette sauce **10.95**

- ★ V12 **Vegetable Pad Thai Noodle** thai rice noodles with vegetables, tofu and bean sprouts tamarind sauce, peanuts **11.75**

- V13 **Vegetarian Chow Mein** Stir fried vegetables and crispy egg noodles **11.75**

- ★ V14 **Vegetarian Shanghai Noodles** Stir fried with shredded cabbage, sweet peppers, onions, hoi-sin and chili sauces **11.75**

- ★ V15 **Vegetarian Singapore Vermicelli** with sweet peppers, bean sprouts and onions in yellow curry sauce **11.75**

- V16 **Tofu Veggie Stirfry** With mixed vegetables served with steamed jasmine rice, and your choice of sauces below : **11.75**

- ★ V17 **Ho Fun Veggie** Flat rice noodles stir fried with vegetables, tofu and your choice of sauces below : **11.75**

- V18 **Bokchoy** Tossed in the wok with garlic sauce and a touch of rice wine **10.95**

- V19 **Green Beans** Stir fried hongkong style with spicy blackbean & garlic sauce **10.95**

- V20 **King Oyster Mushroom** stir fried bok choy and king oyster mushrooms w/ garlic & oyster sauce **13.95**

choice of a sauce

- a. Oyster & soya sauce
- b. Satay sauce
- c. Black bean sauce
- d. Szechuan sauce
- e. Cantonese x.o. sauce
- f. Viet lemongrass garlic fish sauce

APPETIZER

	SMALL TRAY (serves 4-6)	LARGE TRAY (serves 10-12)	
Bowl and Rolls	Selection of our spring rolls and Krystal rolls	10 rolls- 28	20 rolls- 56
House Mango Salad		30	58
House Mango Salad with Grilled Chicken		38	72
Golden Fried Wonton filled with minced chicken and shrimp		30	58
Golden Fried Chicken Wings		35	58
Crispy Shrimp Rolls		40	72
Chicken or Beef Satay Stick (each)		2.95	
Shrimp Satay Stick (each)		3.50	
Saigon Sub with Grilled Meat (each) (advance order only)		6.95	
Fruit Platter (advance order only)		30	48

THAI CURRY

	SMALL TRAY (serves 4-6)	LARGE TRAY (serves 10-12)
youe selection of green, red or yellow curry		
Vegetables and Tofu	38	78
Chicken or Beef	48	88
Shrimp	58	98

ENTRÉES

	SMALL TRAY (serves 4-6)	LARGE TRAY (serves 10-12)
HOUSE PAD THAI NOODLE		
Vegetables and Tofu	48	68
Chicken, Shrimp or Beef	58	88
Shanghai Noodles- Shrimp, chicken or beef	58	88
Singapore Vermicelli- Shrimp, chicken or beef	58	88

CHOW MEIN

Cantonese	58	98
Seafood	58	98
Chicken or Beef	48	88
Vegetarian	38	68

HO FUN

- Flat rice noodles stir fried with vegetables.		
Seafood	58	98
Tiger Shrimp	58	98
Chicken or Beef	48	88
Vegetable Tofu	38	68

Select from our classic Asian sauces for your noodle order:

- A. Oyster with Soya Sauce
- B. Szechuan Sauce
- C. Black Bean Sauce
- D. Cantonese XO Sauce
- E. Satay Sauce

FRIED RICE

	SMALL TRAY (serves 4-6)	LARGE TRAY (serves 10-12)
Yeung Chow - Shrimp and pork	48	88
Shrimp	48	88
Chicken or Beef	48	78
Vegetable	42	72
Thai Pineapple- Chicken, shrimp, pineapple, zucchini and cashews	58	98
Steamed Jasmine Rice	12	28
Sticky Rice with Coconut	16	32

SIGNATURE

STIRE FRIED with mixed vegetables, rice or noodles not included.

Chicken or Beef	58	98
Tiger Shrimp	68	128
Seafood	68	128
Vegetables and Tofu	48	88

FROM THE FARM

Sweet and Sour Chicken	58	98
Chicken with Lemon Sauce	58	108
Sautéed Chicken with Cashew	58	98
Thai Spicy Mango Chicken	58	98
Thai Basil Chicken	58	98
General Tao Chicken	58	98
Stir Fry Beef (or Chicken) with Kailan	58	98
Stir Fry Beef (or Chicken) with Mushrooms	58	98
Stir Fry Tofu and Mixed Seasonal Vegetables	48	68
Stir Fry Chinese Greens with Garlic and Ginger	48	78
Szechwan Eggplant and Tofu	48	78
King Oyster Mushroom with Chinese Greens	48	98
Cantonese Seafood with Broccoli	68	138
Classic Stir Fry Calamari	65	108
Classic Stir Fry Shrimp	68	138
Cashew Shrimp	68	138
Shrimp and Asparagus	68	138



Sushi platter available for advance order

- ★ Popular Dishes
- ★ Vegetarian
- ★ Spicy
- ★ Gluten free

